

Online support – when will the team be here to help?

Month	Surgery	Dates	AM / PM
May	Caradoc	Friday 3 & Friday 17	14.00 – 16.00
		Tuesday 7 & Monday 20	09.00 – 11.00 and 14.00 – 16.00
		Thursday 16	09.00 – 11.00
	Frinton Road	Friday 3 and Friday 17	09.00 – 11.00
Thursday 9 & Tuesday 21 Thursday 16		09.00 – 11.00 and 14.00 – 16.00 14.00 – 16.00	
Green Elms	Tuesday 14 th	09.00 – 11.00	
Epping Close	Friday 10 & Friday 24	14.00 – 16.00	
June	Caradoc	Tuesday 4, Friday 21 & Monday 24	09.00 – 11.00 and 14.00 – 16.00
		Monday 10	09.00 – 11.00
		Tuesday 11	14.00 – 16.00
	Frinton Road	Monday 3, Thursday 20 & Thursday 27	09.00 – 11.00 and 14.00 – 16.00
Monday 10 Tuesday 11		14.00 – 16.00 09.00 – 11.00	
Green Elms	Friday 7 Monday 17	09.00 – 11.00 14.00 – 16.00	
Epping Close	Thursday 13 Friday 28	09.00 – 11.00 14.00 – 16.00	
July	Caradoc	Tuesday 2, Thursday 11, Friday 19, Tuesday 23 & Thursday 1st August	09.00 – 11.00 and 14.00 – 16.00
	Frinton Road	Monday 1, Tuesday 9, Monday 15, Thursday 25 & Tuesday 30	09.00 – 11.00 and 14.00 – 16.00
	Green Elms	Thursday 4 th	09.00 – 11.00
		Tuesday 16 th	14.00 – 16.00
Epping Close	Friday 12 th	14.00 – 16.00	
	Friday 26 th	09.00 – 11.00	

New online services are coming to your practice

The team pictured is the Digital Access Support Team and they are bringing much needed digital skills to our communities.



As well as hosting community-based group events, the team will be in the GP surgeries on the dates shown, to provide support to members of the public, helping you to understand and feel confident using today's smarter digital technology.

As well as registering you for online services, you can find out how to order repeat prescriptions and access council information. Just let the team know what support you require. Bring along your own device or use one of the fixed digital access points (otherwise known as an iPad!) installed at the surgery.